

Ceredigion County Council – Through-age Wellbeing Strategy – Action Plan

The Through-age Wellbeing Strategy clarifies the vision and plans for the implementation of the Through-age and Wellbeing programme. The Strategy highlights 5 key objectives and in turn these are underpinned by 12 focused areas of need that look at the root causes of why families and individuals may need information, advice, support and/or care. These are:

Substance Misuse

- Substance misuse is the use of alcohol, illegal drugs, or over-the-counter or prescription medications in a way that they are not meant to be used that can negatively impact the health and day to day life of the person, their relationships and their family. The TAW will provide information and advice to educate the residents of Ceredigion, provide healthy diversionary activities that promote positive choices and provide direct support where necessary to individuals and families affected by substance misuse.

Mental Health

- Mental health problems affect around one in four people in any given year. Such issues range from common problems such as mild depression and low level anxiety to more severe conditions such as schizophrenia and bi-polar disorder. They cost the UK economy around £34 billion a year. The ability to sign post, provide advice/information and or timely interventions at an early stage could prevent them reaching a crisis and empower them to manage their own wellbeing.

Financial concerns

- Families that have financial concerns or worries may fall into crisis, the ability to signpost to advice and information regarding a range of financial issues including benefits and debt managements will support families and individuals to manage their own circumstances and prevent financial hardship and housing difficulties

Isolation

- The feeling of being isolated from family and friends may cause individuals, such as children and young people, single-parent families, carers and the elderly to become worried and anxious. By identifying these issues early, support can be put in place to mitigate against potential escalation. Advice and assistance can be provided and people can be signposted to community groups, clubs or organisations where relevant.

Frailty

- Frailty refers to a person's mental and physical resilience, regardless of age and whether able bodied or otherwise, or, their ability to bounce back and recover from events like illness and injury. It doesn't mean a person lacks capacity or is incapable of living a full and independent life. For people at risk of frailty there are potentially preventable or modifiable risk factors or conditions. These include alcohol excess; cognitive impairment, falls, functional impairment, hearing problems, mood problems, nutritional compromise, physical inactivity, polypharmacy, smoking, vision problems, social isolation and loneliness. It is important that people living with or at risk of frailty have access to well planned, joined-up and local, preventative and early help services to avoid problems arising in the first place and rapidly deployed response services should anything go wrong.

Domestic Abuse

- Domestic abuse is an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, by a partner or ex-partner or by a family member or carer. Children/Young People are adversely affected by living with the effects of Domestic Abuse in their lives and along with mental health and substance misuse issues, domestic abuse is the most prevalent causes of children being the subject of child protection procedures and in some cases, becoming children who are looked after. By developing a strategy to tackle domestic abuse at an early intervention/prevention level and also where necessary, providing intensive support to families when their situation is at a critical point in their lives, we aim to reduce, in time, the number of children who become looked after by the Local Authority and enable and support children to live happy and fulfilled lives, thriving within their own family and community,

Independence

- A valued, independent life is one where a person is given respect, dignity and privacy and is supported to make their own choices in all aspects of their lives. A better awareness of the role that positive risk-taking can play in helping people retain or regain their independence is central to any support and intervention strategy, as are deeper skills around strengths based assessment, advocacy support and individually tailored goals; all centred on voice, choice and control.

Education Employment Training

- Current projections suggest that the economy will fall into recession with unemployment increasing significantly, in particular in areas such as Ceredigion, due to the structure of its economy, i.e. small enterprises which are more vulnerable in times of financial crisis. Some individuals who may be at a greater risk of financial hardship and reliance on financial support, may require advice and assistance, employability support and an opportunity to access skills training in order to help them back into work.

Poor Quality Housing / Homelessness

- Housing conditions can influence our physical health and have a negative influence on our mental health and wellbeing. Children living in crowded homes are more likely to be stressed, anxious and depressed, underachieve (educationally & socially) and have poorer physical health. A safe, settled home is the cornerstone on which individuals and families build a better quality of life, access services they need and gain greater independence. Being homeless has a negative impact on people's health and makes it difficult to access support services and increases the risk of crisis.

Dementia

- The predominance of old-age specific incidences of dementia is falling and a growing body of evidence supports the premise of potentially modifiable risk factors for dementia across all age groups. These include education levels, hypertension, hearing impairment, smoking, obesity, depression, physical inactivity, diabetes, low social contact, alcohol consumption, traumatic brain injury and air pollution. The potential for prevention/delay is high, especially when there is a focus on keeping cognitively, physically, and socially active in mid and later life and opportunities to signpost for early intervention following diagnosis (for people and their carers) are improving each year.

Poor Physical Health

- Individuals who have been identified as being in poor physical health typically exhibit health conditions such as diabetes, asthma, arthritis and heart disease, which may have been caused by behavioural factors such as smoking, drinking, drug use, lack of exercise and a poor diet. Poor physical health can lead to an increased risk of developing mental health problems. By working with partners, e.g. Health, to identify these cases early, and by providing individuals with advice and information regarding a range of services available to them both through the Wellbeing Centres and out in the community, it will enable them to better manage their own health, which will prevent physical health problems from developing.

Neglect of Children

- Child neglect is a form of abuse, the results of which deprives a child of their basic needs and can include the failure to provide adequate supervision, health care, clothing, or housing, as well as other physical, emotional, social, educational, and safety needs. By safeguarding & offering support to parents and families through preventative services such as parenting support, budgeting, and positive behaviour management it can enable them to better meet the needs of their own children.

The purpose of the following Action Plan is to clearly outline what is required over the next three years (and to signal what is likely in the years beyond that) to address the root causes in order to meet the 5 key objectives of the Strategy and, alongside our partners, rebalance the care and support that is provided within Ceredigion.

Priority 1: PROMOTE POSITIVE HEALTH AND WELLBEING AND SUPPORT PEOPLE TO SELF SUPPORT					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
1.1 A new model for the delivery of information, advice and assistance.					
1.1.1 To improve the information and advice available regarding Direct Payments and promote the recruitment of Personal Assistants	1 2 3 4	Isolation Independence Education, training and employment, Mental health, Substance Misuse, Dementia	To develop a direct payments support service that provides a range of information, in accessible formats that will enable service users to consider creative and empowering approaches to support their wellbeing with reduced reliance on specialist services and provide opportunities for recruitment of personal assistants.	Porth Gofal	Year 1
1.1.2 Establish an In-House financial advice and support service	1 2 3 5	Financial concerns Poor Quality Housing, Independence	To provide information and advice to service families and individuals that will allow them to manage their finances and prevent financial hardship including housing difficulties. Connect this to Wellbeing Centre strategy, service development & planning	Finance to work with the Porth to agree approach	Year 2
1.1.3 Coordinated approach to Information Advice & Assistance (IAA) via our website information regards all services; promotion of existing services	1 2 3 4	All	Clear, easily accessible and up to date information on the range of services and support within Ceredigion that will support people to help themselves and know how to access support	ICT led group with staff from the Porth.	Year 1
1.1.4 Establish marketing/comms strategy to promote preventative offers and information on services being offered by our partners	1 2 3 5	All	Signal to Corporate the support needed to lift awareness of new ways of working and new services on offer and how to access them	To be determined - Needs to link to 1.1.3	Year 2
1.1.5 Develop Clic as the first point of contact and an information service	1 2 3	All	Will promote the single and easy access to information and referral service and reduce burden on Social Workers to provide this information	Customer Contact (Clic)	Year 1

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
1.1.6 Develop focused and universal services that will be available at Lampeter wellbeing centre	1 2 3	All (The service focus of the centre would need to be determined)	<ul style="list-style-type: none"> • To improve the mental, emotional, physical and social wellbeing of the residents in the Lampeter area/Mid County • To improve the guidance and support available to vulnerable individuals and families who encounter challenges • Further develop strengths-based, outcome focused services for citizens • Safeguard and nurture the most vulnerable • Reduce burden on statutory services 	Porth Cymorth Cynnar	Year 1/2
1.1.7 Develop focused and universal services that will be available at Plascrug wellbeing centre	1 2 3	All	<ul style="list-style-type: none"> • To improve the mental, emotional, physical and social wellbeing of the residents in the Aberystwyth area/North of the County • To improve the guidance and support available to vulnerable individuals and families who encounter challenges • Further develop strengths-based, outcome focused services for citizens • Safeguard and nurture the most vulnerable • Reduce burden on statutory services 	Porth Cymorth Cynnar	Year 2/3
1.1.8 Develop focused and universal services that will be available at Cardigan wellbeing centre	1 2 3	All	<ul style="list-style-type: none"> • To improve the mental, emotional, physical and social wellbeing of the residents in the Cardigan area/South of the County • To improve the guidance and support available to vulnerable individuals and families who encounter challenges • Further develop strengths-based, outcome focused services for citizens • Safeguard and nurture the most vulnerable • Reduce burden on statutory services 	Porth Cymorth Cynnar	Year 3/4

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
1.1.9 Develop focused and universal services that will be available in other towns via pop-up provision and through the mobile outreach provision	1 2 3	All	<ul style="list-style-type: none"> • To improve the mental, emotional, physical and social wellbeing of the residents in the 'hard-to-reach / rural areas in Ceredigion • To improve the guidance and support available to vulnerable individuals and families who encounter challenges • Further develop strengths-based, outcome focused services for citizens • Safeguard and nurture the most vulnerable • Reduce burden on statutory services 	Porth Cymorth Cynnar	Year 4+
1.1.11 Improve IAA on assistive technology, aids and appliances available (Promote the "Connect" programme)	1 2 3 4 5	Isolation Frailty Independence Housing Dementia Poor physical health	To provide self-help opportunities for early assistance within the persons home and local communities in order to empower individuals to maintain independence and individual resilience	Porth Gofal	Year 2
1.2 A tiered approach to prevention.					
1.2.1 Develop a Wellbeing & Prevention Plan	1 2 3 4 5	All	To develop a Wellbeing and Prevention Plan to align with the Through-Age and Wellbeing Strategy, Future Gens Act and SSWBA. The plan will outline the key priorities required to achieve the vision. The plan will be based on evidence, data and on feedback received through community engagement. The plan will provide us with detailed actions to inform change and improvement and support the development of the Porth Cymorth Cynnar service.	Porth Cymorth Cynnar	Year 1
1.2.2 Agree Wellbeing Plan	1 2 3 4 5	All	Establish how what the timescales will be for the Wellbeing and Prevention Plan to be agreed through our internal democratic processes.	Porth Cymorth Cynnar	Year 2

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
1.2.3 Develop a Through Age Sensory Service that will support the needs across the continuum for a range of service users including Prevention health checks for care home residents and community.	1 3 4	Isolation Frailty Independence Dementia Poor physical health	To support individuals with sensory impairments to live independently and lead fulfilled lives.	Porth Gofal -	Year 2
1.3 A robust range of support for Carers.					
No specific actions required as the Carers service currently provides effective and robust support. Need to ensure that focus is maintained on how the strategy impacts on this service					
1.4 Maximising the potential of community assets.					
1.4.1 Review the Community Connectors roles – do determine roles and responsibilities. Possible focus on outreach to combat Isolation, independence, promotion to Community Councils, clubs and organisations within each local community. Coordinate with CAVO and volunteers	1 2 3	Isolation, Independence, Education Employment Training	To undertake an independent review of the Community (Outreach) Connectors roles in order to identify gaps in community infrastructure and to identify the growing complexity of people’s needs (Two key challenges facing our services). The review will provide comprehensive recommendations to inform change and improvement and will support the development of the Early Intervention Service	Porth Cymorth Cynnar	Year 1
1.4.2 Enhance community safety prevention of offending and risky behaviours via outreach projects, working closely with statutory / partner organisations/3 rd sector	1 2 3 5	All	Work with partners (statutory & 3 rd sector) to gain a comprehensive understanding of the key characteristics of ‘what works’ in terms of early interventions. Develop targeted outreach projects in order to prevent or reduce youth crime, offending or anti-social behaviour	Porth Cymorth Cynnar	Year 1

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
1.4.3 Needs Assessment – Developing a public engagement programme that will determine needs. Enhancing the Population Needs Assessment	1 2 3 4 5	All	Refocus investment and service development	Engagement team to work with the Porth to agree approach	Year 2
1.4.4 Review how we work with third sector to address issues within strategy (isolation, frailty, independence etc. and promote community involvement	1 3	Independence Isolation Frailty Dementia	Undertake a review / analysis of third party contracts to ensure that they remain 'fit for purpose' and offer best value and meet growing concerns in the county e.g. isolation, frailty etc	Porth Cymorth Cynnar	Year 2/3

Priority 2: STRENGTHEN FAMILIES SO THAT CHILDREN AND YOUNG PEOPLE REMAIN WITH THEIR FAMILY					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
2.1 Rolling out a whole family approach with a wide range of different statutory and voluntary agencies to work with a family. This coordinated partnership approach helps build on family strengths and bring about sustainable change in identified areas of concern for the whole family.					
2.1.1 Review the existing approach to TAF and our “whole family” approach to determine a new Through Age approach to the provision of Early Intervention and Prevention	1 2 4 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	Clearly define the meaning of the ‘Whole Family Approach’. Review current TAF model and make recommendations for change. The ‘Whole Family’ approach should be a family-led strategy that provides adults and children with the tools they need to set their own goals, make their own decisions and create plans in order to achieve long-term change and stability.	Porth Cymorth Cynnar	Year 1
2.1.2 Further adoption of Family Group Conferencing across the programme (early stages/prevention)	1 2 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	To facilitate early help and advice to families who may require support in addressing emerging concerns around their ability to cope with challenges and maintaining the safety and wellbeing of specific family members. Promoting family and individual resilience with less reliance on statutory services	Porth Gofal	Year 1
2.1.3 Enhance the Integrated Family Support and Edge of Care service to provide intensive, preventative support for children who are on the edge of coming into care	2 4 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	To reduce the risk of children coming into local authority care whenever it is safe to do so	Porth Cynnal	Year 1
2.1.4 Development of the Safe Reduction of Looked after Children Strategy	2 4 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	To ensure collective discussions across the TAW and with other relevant services in agreeing key strategic priorities and actions in addressing safe reduction of looked after children	Porth Cynnal	Year 1
2.1.5 Approve and implement the Safe Reduction of Looked after Children Strategy	2 4 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	Ensure corporate and Council agreement and support of key strategic actions and priorities in safe reduction of looked after children	Porth Cynnal	Year 2

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
2.1.6 Review support available for Special guardians and kinship carers as part of the development of the LAC safe Reduction Strategy	2 4 5	Neglect of Children Mental Health Domestic Abuse Substance Misuse	Support children to be cared for by their extended families and friends wherever it is safe and appropriate to do so	Porth Cynnal	Year 2
2.2 Working with our partners to address the causes of family difficulties and vulnerabilities (e.g. ACEs).					
2.2.1 Provide enhanced parenting support across the continuum and as a result of referrals from all sources - Support and Mentoring, Targeted Support	2 3	Neglect of Children Mental Health Domestic Abuse Substance Misuse Financial Concerns Homeless Poor quality housing	To review parenting support available and inform the development of universal and targeted parenting support	Porth Cynnal	Year 1
2.2.2 Establish an inclusive core provision for holiday and play activities (including provision of food) including After School and Weekends.	2 5	Neglect of Children	To deliver a targeted programme of structured activities / play opportunities for vulnerable children, young people and families during holidays, weekends and after school to support their social, emotional, physical and mental wellbeing (grant funded this year - but will need to identify future funding)	Porth Cymorth Cynnar	Year 2
2.2.4 Strengthen support for re-unification of children and families following placements in care whenever it is safe and appropriate to do so as part of the LAC Reduction Strategy	2 5	Neglect of Children	Provide support for children to return to the care of their families whenever it is safe and appropriate to do so	Porth Cynnal	Year 2

Priority 3: ENABLE INDIVIDUALS TO LIVE INDEPENDENTLY IN THEIR OWN COMMUNITY					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
3.1 A Multi-Disciplinary Team and key coordinator model of working that brings together a range of health, social care and other community services that focus on intervening early to keep people well and independent by delivering the right care at home or in the community.					
3.1.1 Further development of the Porth Gofal Triage team to a Through Age model (including establishing a Porth Gofal hub at CILC Felinfach)	3 4	All	To provide an integrated triage of referrals with opportunities to provide signposting and onward referral to community early help and prevention services as well as targeted, short term services to meet identified support needs and therefore reducing the need for specialist long term care and support	Porth Gofal	Year 1
3.1.2 Explore and develop the key coordinator approach as a Through Age model	3 4	All	To explore whether a 'Key Co-ordinator' role within the TAW Model would be appropriate. The key coordinator would be the person who works in a support role with individuals / families. They could act as a single point of contact for the individual / family supporting them to coordinate their care across health, education, social care, housing, financial concerns etc. The Key Coordinator could over time empower individuals / families by providing them with support, resources and information to meet their individual needs	Porth Cymorth Cynnal	Year 1
3.2 The range of equipment provision and the use of assistive technology.					
3.2.1 Review the existing active technology in-house service: scoping possibilities of a hub/shop for Through Age delivery models	3	Independence Frailty Dementia	To develop an assistive technology and equipment strategy to inform the future work programme to increase accessibility and provision to the public as well as those referred via statutory services.	Porth Gofal	Year 1
3.2.2 Develop future delivery models for assistive tech and equipment for Through Age model	3	Independence Frailty Dementia	It will provide an accessible opportunity for individuals to source appropriate aids and equipment to maintain independence and wellbeing and increased individual resilience and reliance on statutory services	Porth Gofal	Year 2

3.3 A range of service options that include rehabilitation, re-ablement, direct payments, day services and an enhanced domiciliary care provision.					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
3.3.1 Develop new model/s for provision of Direct Payments	3 4	Independence	To empower individuals to manage their own support needs creatively and independently with reduced reliance on statutory services to meet needs	Porth Gofal	Year 1
3.3.2 Develop new through age model for re-ablement & domiciliary care / maximise the use of current provision and facilities	3	Independence Dementia	To provide a responsive service that is able to meet the growing demand for community care services whilst focusing on enablement and recovery and promoting independence and individual resilience	Porth Gofal	Year 1
3.3.3 Review provision of meals at home service including scoping community provision	3	Independence Frailty	To promote effective and efficient services in supporting people's independence	Porth Cynnal	Year 2
3.3.4 Develop Programme of Wellbeing for Chronic conditions and activities	3	Independence Frailty	Proactive services for people living with chronic conditions; choices that support what they can do not what they can't	Porth Cymorth Cynnar	Year 2
3.4 An holistic approach to supporting young people as they transition into adulthood.					
3.4.1 Review and develop required life skills support/training in areas such as housing, finance & employment	3	Independence Financial Concerns Isolation	Understand the requirements for life skills with a range of groups/service users and opportunities to meet those needs	Porth Cymorth Cynnar	Year 2
3.4.2 Focussed support for Care Leavers and young people with learning disabilities with work experience/apprenticeship	3	Independence Education Employment Training	To support employment opportunities for vulnerable persons	Porth Cynnal	Year 2
3.4.3 Develop opportunities for Co-operative/Social Prescribing/Social Enterprises	3	Independence Education Employment Training	Undertake a review to develop a better understanding of <ul style="list-style-type: none"> • what is meant by Co-operative/Social Prescribing/Social Enterprises • the reasons and need to develop social prescribing schemes • how this could work within Ceredigion 	Porth Cymorth Cynnar	Year 4+

			<ul style="list-style-type: none"> • how this will impact and be of benefit to the residents of Ceredigion 		
3.5 A whole system approach to supporting people to live with long term conditions (with a specific focus on dementia support).					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
3.5.1 Establish the model for Dementia Coordination (remit / role / service mapping & gapping plus desired outcomes)	3	Dementia Isolation	Determine model in order to apply direction of national / regional strategies in a local setting.	Porth Cynnal (Strategy/ Target Outcomes /Action plan)	Year 1/2
3.5.2 Develop Ceredigion Dementia Strategy and Action Plan	3	Dementia	To apply the national and regional strategies at a local level considering the range of support for dementia support and care	Porth Cynnal (Strategy/ Target Outcomes /Action plan)	Year 3
3.5.3 Establish relationships with providers to develop facilities, particularly in high-end dementia care / nursing care.	3	Dementia	To provide local solutions and provision for dementia across the continuum of need	To be determined with support from Corporate Services	Year 2
3.5.4 Identifying long term condition management programme, delivered via Wellbeing Centres in collaboration with the Health Board.	3	Poor Physical Health Frailty Independence	Deploying local services and support access points for citizens with long term conditions that do not require a care & support plan	Porth Gofal	Year 3

Priority 4: PROVIDE PROPORTIONATE APPROACHES TO MANAGED CARE AND SUPPORT					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
4.1 An extensive coordinated intermediate care offer.					
4.1.1 Establish what short term intervention (eg Dom Care and Enablement) will be offered by Porth Gofal across Through Age model (8 to 10 weeks)	4	Frailty Independence Dementia Poor Physical Health	To provide a holistic approach to community support with the initial focus on targeted short term support, enablement and recovery reducing the need for long term care packages	Porth Gofal	Year 1
4.2 Timely and recovery focused approach to care and support.					
4.2.1 Evaluate Programme 3 - Health and Social Care workers integrate with Dom Care and Enablement	4	Frailty Independence Dementia Poor Physical Health	To enable the development of a holistic approach to community support with the initial focus on targeted short term support, enablement and recovery reducing the need for long term care packages	Porth Gofal	Year 1
4.2.2 Review of provision of through age outreach support for people who have mental health difficulties in order to aid recovery	3 4	Mental Health	To inform development of through age early intervention and preventative support for people experiencing mental health difficulties.	Porth Cynnal	Year 1
4.2.3 Review of provision of through age outreach support for people who experience substance misuse	4 3	Substance misuse Mental Health	To inform development of through age early intervention and preventative support for people experiencing substance misuse difficulties	Porth Cynnal	Year 1
4.2.4 Strengthen provision of support for children and young people who need support with mental health difficulties	4 3	Mental Health	To promote children and young people's emotional and mental well-being	Porth Cynnal	Year 2

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
4.2.5 To review the range of respite provision for Through Age , day / part day / Residential/ 3rd Sector in order to develop a strategic plan for future provision	4 3 2	Frailty Independence Dementia Poor Physical Health Mental Health	To ensure that there is a range of appropriate respite support available to maintain independence and support for carers, reducing the need for longer term care and support services	Porth Gofal	Year 2
4.3 A range of accommodation options that can meet short, medium and long terms needs for care and support.					
4.3.1 Agreement with Registered Social Landlord's for the provision of a range of accommodation including opportunities for crisis accommodation	4 2	Homeless Poor quality housing Neglect of Children Mental Health Domestic Abuse Substance Misuse	Availability of a range of accommodation and housing options to support individuals and families to live well and maintain wellbeing with less reliance on specialist services	Porth Gofal	Year 1 to 3
4.3.2 Review housing and accommodation and care provision for people with Acquired Brain Injury to inform future support	4	Mental Health Substance Misuse	To review provision to inform strengthening support for people with acquired brain injuries.	Porth Cynnal	Year 1 to 3
4.3.3 Enhance accommodation provision for supported housing for vulnerable groups notably people experiencing Mental Health difficulties Substance Misuse difficulties, Learning	4 2	Mental Health Domestic Abuse Substance Misuse Homeless Poor quality housing Neglect of Children	Promote opportunities for housing/accommodation for vulnerable groups	Porth Cynnal	Year 2

Priority 5: PROTECT INDIVIDUALS AND KEEP THEM SAFE FROM ABUSE, HARM AND NEGLECT					
Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
5.1 Developing joined up and proportionate safeguarding arrangements for adults and children – within the Council and with partner agencies.					
5.1.1 Increase opportunities for more local & regional placements for children & families by developing the Parent & Baby facility and participation in the development of the Safe Accommodation Scheme for Children with Complex Needs	5 4	Neglect of Children	Increasing more local and regional placement choice for children and families and ensuring better quality outcomes.	Porth Cynnal	Year 2 -3
5.1.2 Develop a through age safeguarding team within Ceredigion CC that will align as far as possible the arrangements for adults and children whilst ensuring compliance with relevant legislation & guidance.	5	All	To develop effective through age safeguarding arrangements across the model that also take account of age specific requirements	Porth Cynnal	Year 1
5.1.3 Developing safeguarding threshold and pathway protocols across the model	5	All	To establish necessary protocols and thresholds to support safe and effective working across the model	Porth Cynnal	Year 1
5.2 Focusing specifically on the causes and effects of domestic abuse (e.g. substance misuse/ mental health/ financial pressures).					
5.2.1 Review local and regional support available for victims of domestic abuse to promote effective access of services.	5	Domestic Abuse	To ensure effective access to through services for people and families experiencing domestic abuse	Porth Cynnal	Year 2

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
5.2.2 Strengthen support with safeguarding awareness and information on keep safe strategies for people at risk of harm	5	Domestic Abuse Neglect of Children	To provide support to reduce the risk of repeat safeguarding referrals and improve people's awareness of how they can keep safe from harm	Porth Cynnal	Year 2
5.2.3 Develop early intervention and preventative responses to low level reports that do not meet the threshold for safeguarding interventions for children and adults	5	Domestic Abuse Neglect of Children	To ensure early intervention and prevention for people and families at risk of experiencing safeguarding concerns	Porth Cynnal	Year 1
5.2.4 Promote access to the regional Perpetrator programme and support for victims of domestic abuse	5	Domestic Abuse	To increase opportunities for people to address violent and abusive behaviour and reduce the prevalence of domestic abuse	Porth Cynnal	Year 2
5.2.5 Continue roll out of VAWDASV training framework	5	Domestic Abuse	To increase awareness and capacity for effective responses to domestic abuse.	Porth Cynnal	Year 2

5.3 Leading on a dedicated programme to ensure safeguarding is adopted as everybody's responsibility.

Action	X Ref	Area(s) of need	What will it achieve/impact on rebalancing care and support	Lead Porth	Year
5.3.1 Deliver safeguarding policy and procedure training to all staff within an agreed framework	5	Domestic Abuse Neglect of Children	To increase awareness and capacity for effective responses to safeguarding concerns	Porth Cynnal	Year 1