

# Ceredigion Local Well-being Plan 2023-2028

## Easy Read Summary



## Ceredigion Public Services Board

Bwrdd Gwasanaethau Cyhoeddus



**Ceredigion**

Public Services Board

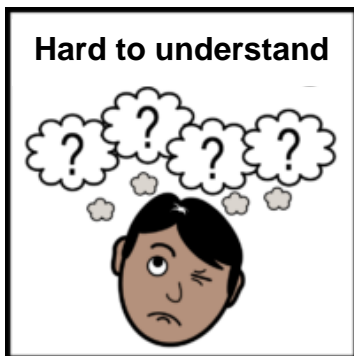
This summary was written by the **Ceredigion Public Services Board**. It is an easy read version of the 'Draft Local Well-being Plan 2023-2028'.

**November 2022**

# Introduction



This is an easy read document. But you may still need support to read it. Ask someone you know to help you.



Words in **bold blue writing** may be hard to understand. Hard words are in bold blue the first time they are used.



Where the document says **we**, this means **Ceredigion Public Services Board**.

For more information, visit the Public Services Board **website**:  
<https://www.ceredigion.gov.uk/your-council/partnerships/ceredigion-public-services-board/>

# What is a Well-being Plan?



Wales has a law about the future. The law is called the Well-being of Future Generations Act.

The law is about making life better for people now, and in the future.



The law says **public services** must work together. That is why we have a Ceredigion Public Services Board.

**Public Services** are normally government services that help people, like collecting bins and running schools.



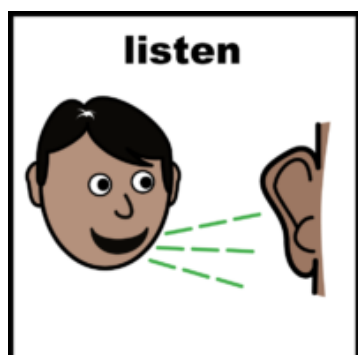
Ceredigion Public Services Board is made up of people from different organisations.

The law says we must write a Local Well-being Plan.



The Local Well-being Plan must say how we will improve well-being in Ceredigion over the next 5 years.

Well-being means a person is happy, healthy and is comfortable with their life and what they do.



We listened to the Well-being **Assessment**, communities and partners to create the Well-being Plan.

**Assessment** is a way of finding out if someone needs help and support.



There are 5 areas we will work on to improve well-being.

These are our Well-being Objectives.

# What is in the Plan?

We will work together on:



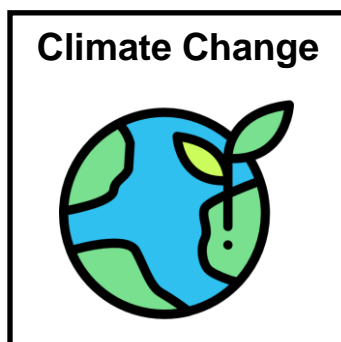
## 1. Economic Well-being

- Build on the things that are valuable to Ceredigion.
- Help local people benefit from the way we work and make money.



## 2. Social Well-being

- Help people have the same chances in life.
- Use nature and community to help people feel better.



## 3. Environmental Well-being

- Take care of the environment.
- Make the most of nature in our area.



#### 4. Cultural Well-being

- Support people to feel safe.
- Provide more chances for people to speak Welsh.



#### 5. Tackling Poverty

- Help people to have the same chances in life.
- Support people who find it hard to pay for basic things.



We want people to have a better life now. We want people in the future to have a better life too.

This means we need to make changes now, to have a better future.

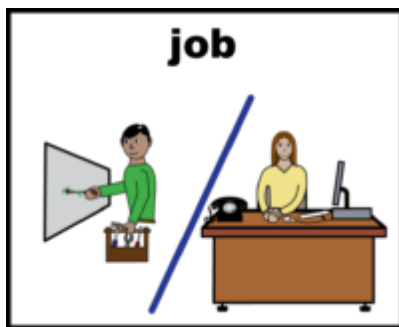
# 1. Economic Well-being



Young people are leaving the county to look for jobs.



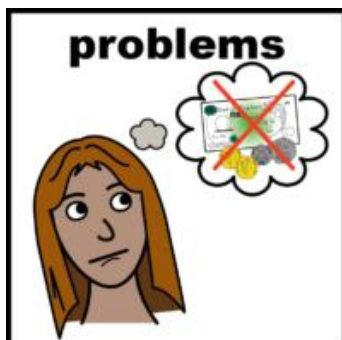
The population of Ceredigion is getting older.



The way people are doing their jobs is changing since COVID.

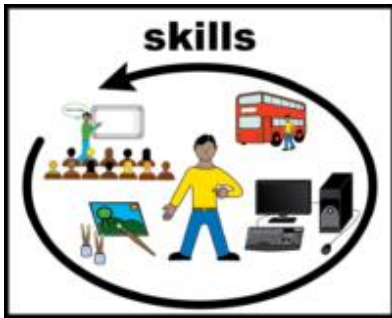


People are using technology more.



Worrying about money and other problems is having an effect on people's health.

## What we will do:



Help people in Ceredigion improve their skills for work.



Use funding better to help people in the place where they live.



Think about ways to make **supply chains** work better.

A **supply chain** is to move something from where it is made to the person who uses it.



Make sure that people are looked after at work.



## 2. Social Well-being



Sometimes people do not get equal chances in life. This has been made worse by COVID.



Where people are born, live, go to school and work has an effect on their lives.



Some people have bad health, are poor and / or are treated badly.



Spending time in the community and outside can help people feel better.

This is called **social prescribing**.

## What we will do:



Help people in local areas across Ceredigion to have access to the same things.



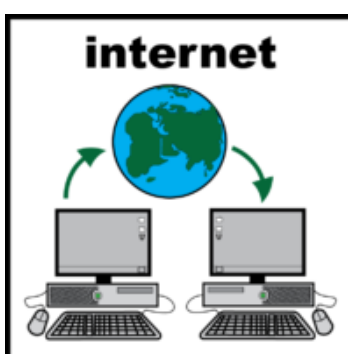
Find out what communities already have and need, so that they are better supported.



Help people who find it hard to pay for basic things.



Support access to healthy food for everyone.



Encourage social prescribing and community support.

Help make sure that people can use technology like the internet.

# 3. Environmental Well-being

**Climate Change**



Climate change is the biggest problem of today and the future.

Too much **carbon dioxide** is causing climate change.

**Carbon dioxide** is a gas caused by things like driving.

**tree**



People in Ceredigion enjoy nature and it makes them feel better.

**worried children**



Children and young people are worried. They want to protect our planet.

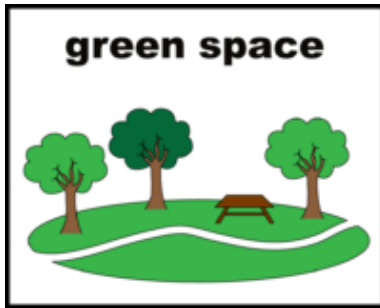
**Fly-tipping**



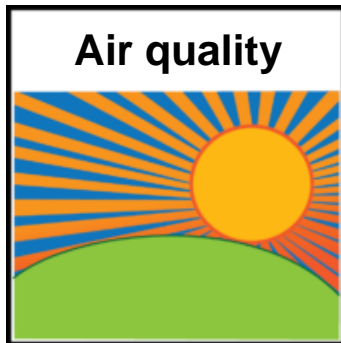
Young people are worried about **fly-tipping** and losing green spaces.

**Fly-tipping** is when big pieces of rubbish like a sofa is left where they shouldn't be.

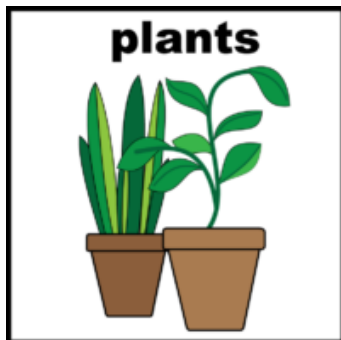
## What we will do:



Carry out less activity which creates a lot of carbon dioxide.



Try to better the quality of Ceredigion's air, water and environment.



Protect nature, plants and animals.



Help communities prepare for the effects of climate change.



Improve skills and training to better look after our environment.

# 4. Cultural Well-being



Speaking Welsh is important to the people of Ceredigion.



Giving people a chance to learn and speak Welsh is important so that people in the future can speak it too.



Having a social connection in communities makes people feel less lonely.



People want to feel in safe in their homes and communities.

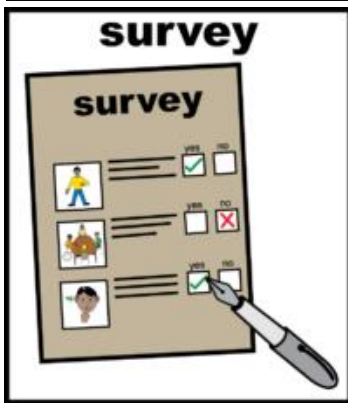


## What we will do:

Help communities be proud of the past and shape the future.



Create a new plan to help people speak Welsh at work.



Carry out a survey to see which types of crime worry people the most.



Share information with organisations about tensions in communities.



Support and welcome asylum seekers and refugees to Ceredigion.

Support an Anti-racist Wales.

# 5. Tackling Poverty



Almost 1 in 3 households are living in poverty in Ceredigion.



In poor areas, children and young people are more likely to have bad mental health.



Housing and childcare costs a lot of money. A lot of jobs are poorly paid.



People are worried about how to pay for food.



There are many old houses which are hard to heat.

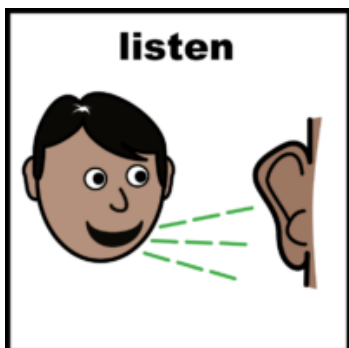
## What we will do:



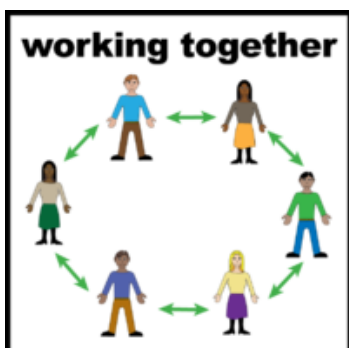
Understand that poverty has an effect on economic, social, environmental and cultural well-being.



Support people who are finding the cost of living hard.



The Poverty Sub-group will listen to what communities need.



Organisations will work together to meet those needs.

The Poverty Sub-group will advise the PSB on how to best support people in poverty.



# Next Steps



When the Plan has been agreed, we will check that the Plan is working.



The local Council has a committee to check everything the Public Services Board does.

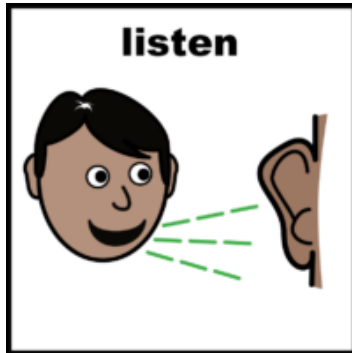


Every year we will send the committee a report saying what we have done to make life better for people.



We will not agree this Plan until we have heard what the public think.

# Tell us what you think



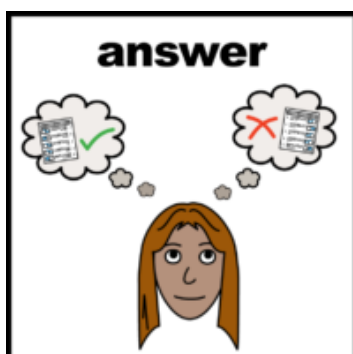
We listened to the public before writing this Plan.

Now we want to know what you think again.



Please tell us what you think of this Plan.

You must tell us what you think before **31 January 2023**.

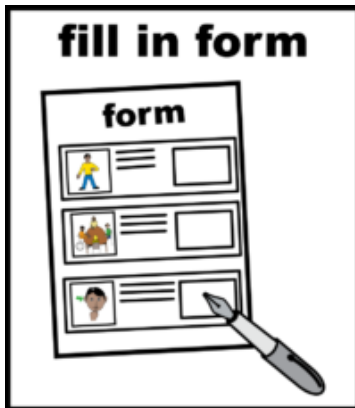


There are different ways to have your say.



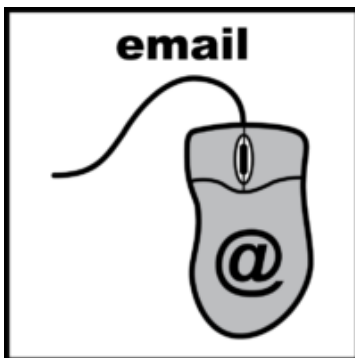
Respond **online**:

<https://haveyoursay.ceredigion.gov.uk/local-well-being-plan>



To download a **response form**, go to:

<http://www.ceredigion.gov.uk/your-council/consultations/ceredigion-local-well-being-plan-2023-28/>

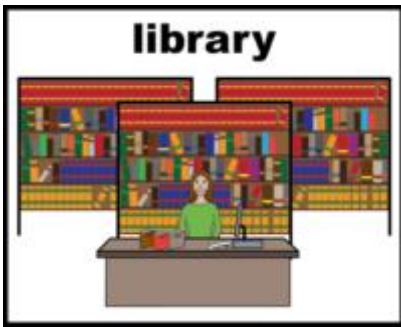


**Email** the response form to:

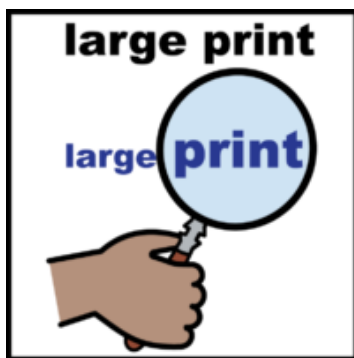
[partnerships@ceredigion.gov.uk](mailto:partnerships@ceredigion.gov.uk)



Or **post** the response form to:  
Ceredigion Public Services Board,  
Ceredigion County Council,  
Canolfan Rheidol,  
Rhodfa Padarn,  
Llanbadarn Fawr,  
Aberystwyth,  
Ceredigion,  
SY23 3UE



You can also ask for a paper copy of the form at your local library or mobile library van.



If you need this document in a different format like **large print** please contact:

**E-mail:** [clic@ceredigion.gov.uk](mailto:clic@ceredigion.gov.uk)

**Phone:** 01545 570881



Thank you for your time.

# Public Services Board Organisations



Llywodraeth Cymru  
Welsh Government



Gwasanaeth Tân ac Achub  
Canolbarth a Gorllewin Cymru  
Mid and West Wales  
Fire and Rescue Service





*Acknowledgements:*  
Easy Read Symbols Copyright Leeds and York Partnership NHS Foundation Trust.