

## Cylchdaith Cwm Cou Circular

Dechrau: Rhewl hen/allan o ddefnydd

Addas ar gyfer: Cerddwyr

Arwyneb: Ffordd, Trac, Porfa

Dodrefn: 5 gât, 1 sticil, 1 bont

Pellter: 4 km/2.5 milltir

Parcio: Rhewl hen/allan o ddefnydd

Mapiau: OS Explorer 185  
OS Landranger 145

Start: Old/Disused Road

Suitable for: Walkers

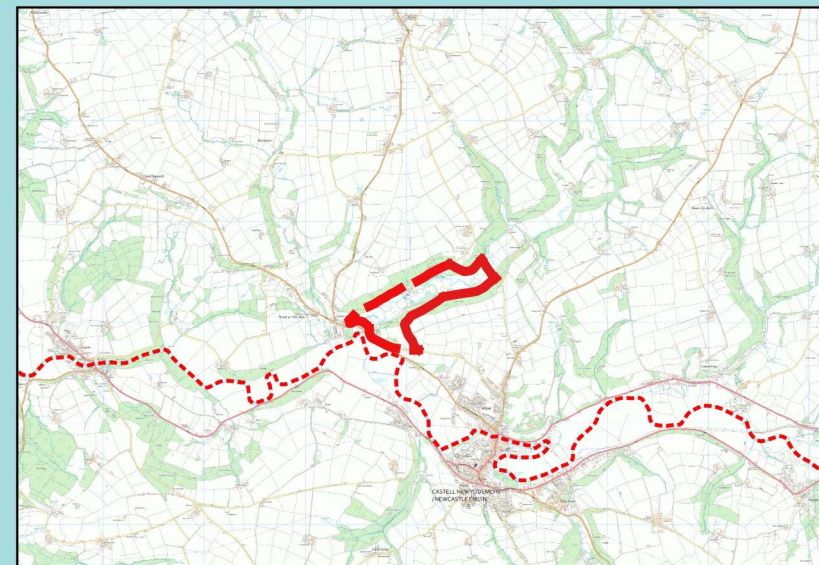
Surface: Road, Track, Grass

Furniture: 5 gates, 1 stile, 1 bridge

Distance: 4 km/2.5 miles

Parking: Old/Disused Road

Maps: OS Explorer 185  
OS Landranger 145



Gellir adrodd unrhyw broblemau y dewch ar eu traws ar Llwybrau Tramwy trwy dudalen "Adrodd Problemau" y Cyngor ar [www.ceredigion.gov.uk](http://www.ceredigion.gov.uk)

Any problems encountered on Rights of Way can be logged on the County Council's "Problem Reporting page" at [www.ceredigion.gov.uk](http://www.ceredigion.gov.uk)

Dilynwch Cod Cefn Gwlad bob amser.  
Gwelwch [www.cyfoethnaturiolcymru.gov.uk](http://www.cyfoethnaturiolcymru.gov.uk)

Always follow the Countryside Code, which can be found at [www.naturalresourceswales.gov.uk](http://www.naturalresourceswales.gov.uk)

